



## **North Side Community School**

### **Request for Proposals (RFP): Trauma-Informed Mental Health Services**

**Release Date: September 10, 2025**

**Proposal Due Date: October 3, 2025**

**Contract Period: Upon award – February 10, 2026**

## **1. Introduction**

North Side Community School (NSCS), a public charter school serving PreK–8th grade students in the City of St. Louis, seeks proposals from qualified and licensed mental health providers to deliver sustained, trauma-informed counseling and therapeutic services to students, and where necessary to support student recovery and restore the learning environment, to immediate family members and staff.

On May 16, 2025, a tornado devastated parts of North City, displacing families and inflicting widespread trauma on our school community. With support from a U.S. Department of Education Project SERV grant (\$100,000), NSCS will contract with local providers to expand mental health services beyond baseline capacity.

## **2. Scope of Services**

Selected provider(s) will work in coordination with NSCS counselors, social workers, and administrators to deliver trauma-informed services, which may include:

- **Individual Counseling:** Ongoing one-on-one therapy for students experiencing trauma-related challenges (on-site and/or in office).
- **Group Therapy:** On-site small group sessions focused on trauma recovery, resilience, and coping skills.
- **Family Support:** Counseling or therapy for immediate family members, when necessary to support student recovery and reintegration (on-site and/or in office).
- **Family Education:** Evening workshops for adult family members focused on trauma recovery, resilience, and coping skills.
- **Crisis Response:** On-call support in the event of acute student or staff crises.
- **Targeted Trauma Interventions:** Short-term, evidence-based interventions (e.g., CBT, TF-CBT, EMDR) as clinically appropriate.
- **Staff Support/Training (optional):** Workshops or debriefings on trauma-informed practice and secondary trauma care.



**Elementary Campus**  
3033 N. Euclid Ave.  
St. Louis, MO 63115  
(314) 385-9502

**Middle School Campus**  
620 N. Grand Blvd.  
St. Louis, MO 63103  
(314) 499-2009 x3100

**Early Childhood Center**  
1916 N. Euclid Ave.  
St. Louis, MO 63113  
(314) 385-9502 x2100

### 3. Contract Period

- Services must begin promptly upon award, no later than November 2025.
- All funds must be fully expended, and services rendered by February 10, 2026.

### 4. Provider Qualifications

Proposals will be accepted from:

- Licensed mental health professionals (LCSW, LPC, Psychologist, etc.) or agencies employing such professionals.
  - Demonstrated experience providing trauma-informed care to children and families.
  - Capacity to provide culturally competent services to diverse urban populations.
  - Ability to coordinate with school-based personnel while maintaining confidentiality.

### 5. Proposal Requirements

Interested providers must submit a proposal that includes:

1. **Agency/Individual Information:** Name, address, contact person, qualifications, and licenses.
2. **Program Approach:** Description of therapeutic services, trauma-informed practices, and proposed delivery model.
3. **Capacity:** Anticipated caseload and availability for school-based or family sessions.
4. **Budget/Rate Structure:** Hourly or per-session rates for individual, group, and family therapy, plus any additional service costs.
5. **Experience & References:** Description of prior experience with trauma-informed care and at least two professional references.
6. **Compliance Statement:** Agreement to adhere to confidentiality laws (FERPA, HIPAA) and to provide required documentation for Project SERV reporting.

### 6. Evaluation Criteria

Proposals will be evaluated on:

- **Qualifications & Experience (30%)** – Demonstrated expertise in trauma-informed mental health care.
- **Program Approach (30%)** – Quality and clarity of service model, including cultural responsiveness.
- **Capacity & Availability (20%)** – Ability to meet the timeline and service demand.





- **Cost Effectiveness (20%)** – Reasonableness of proposed budget within the \$100,000 grant allocation.

#### 7. Submission Instructions

- Proposals must be submitted electronically in PDF format by **October 3, 2025** to:

**Dr. Douglas Thaman, Executive Director**

North Side Community School

Email: [doug.thaman@northsidecommunityschool.org](mailto:doug.thaman@northsidecommunityschool.org)

- Questions may be directed by email to the same contact no later than **September 26, 2025**.

#### 8. Timeline

- **RFP Released:** September 10, 2025
- **Proposals Due:** October 3, 2025
- **Selection/Notification:** October 10, 2025
- **Services Begin:** November 2025
- **Services Conclude:** February 10, 2026

#### 9. Terms

- NSCS reserves the right to accept or reject any or all proposals.
- NSCS may award contracts to multiple providers based on capacity and need.
- Contract awards are contingent upon compliance with federal Project SERV requirements and availability of funds.



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